



The health consequences of the twin transition

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This report examines the health implications of the green, digital and twin transition across European regions. Using occupation-based measures of green, digital and hybrid (twin) jobs combined with SHARE and EHIS data, it analyses associations with both physical and mental health at the individual and regional level. Results show differentiated patterns: digital exposure is systematically linked to worse mental health and, for older cohorts, poorer physical health; green jobs are associated with poorer physical but more favourable mental health outcomes; twin-intensive environments tend to mitigate some adverse effects, particularly for mental health. Findings reveal marked educational and gender heterogeneity, highlighting potential intergenerational and territorial inequalities in the health consequences of structural transformation.



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